

## Medicinal garden/Jardin medicinal

|  Scientific Name/Nombre científico |  English Name/Nombre inglés |  Spanish Name/Nombre en español |
|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Achillea millefolium                                                                                                | Yarrow                                                                                                       | Milenrama                                                                                                          |
| Acmella oleracea                                                                                                    | Toothache plant                                                                                              | Jambu                                                                                                              |
| Agastache rugosa                                                                                                    | Mint, Korean                                                                                                 | Menta, Coreana / Anis                                                                                              |
| Aloe arborescens                                                                                                    | Aloe, Candelabra/Torch                                                                                       | Aloe , Candelabro                                                                                                  |
| Aloe maculata                                                                                                       | Aloe, Zebra                                                                                                  | Aloe del Cabo                                                                                                      |
| Aloe polyphylla                                                                                                     | Aloe, Spiral                                                                                                 | Aloe espiral                                                                                                       |
| Aloe spectabilis                                                                                                    | Aloe, Natal                                                                                                  | Aloe de Montaña                                                                                                    |
| Aloe vera                                                                                                           | Aloe vera                                                                                                    | Aloe vera                                                                                                          |
| Aloidendron barberae                                                                                                | Aloe tree                                                                                                    | Árbol de aloe                                                                                                      |
| Aloysia polystachya                                                                                                 | Mint, Burro                                                                                                  | Burrito/Eter                                                                                                       |
| Alpinia galanga                                                                                                     | Ginger, Thai                                                                                                 | Galangal                                                                                                           |
| Althaea officinalis                                                                                                 | Marshmallow                                                                                                  | Malvavisco                                                                                                         |
| Ambrosia psilostachya                                                                                               | Cuman ragweed                                                                                                | Gotas amargas                                                                                                      |
| Amphipterygium adstringens (Critically Endangered)                                                                  | Coachalalate                                                                                                 | Cuachalalate                                                                                                       |
| Andrographis paniculata                                                                                             | King of bitters                                                                                              | Rey de los amargos                                                                                                 |
| Angelica archangelica                                                                                               | Angelica, Garden                                                                                             | Angélica                                                                                                           |
| Anredera ramosa                                                                                                     | Suelda con suelda                                                                                            | Suelda con suelda                                                                                                  |
| Arctium lappa                                                                                                       | Burdock                                                                                                      | Lampazo                                                                                                            |
| Areca catechu                                                                                                       | Palm, Betel nut                                                                                              | Palmera de nuez Betel                                                                                              |
| Artemisia absinthium                                                                                                | Wormwood                                                                                                     | Ajenjo cangrejo                                                                                                    |
| Artemisia argyi                                                                                                     | Mugwort, Chinese                                                                                             | Ajenjo, de argyi                                                                                                   |
| Artemisia ludoviciana                                                                                               | Mugwort, Western                                                                                             | Ajenjo / Estafiate                                                                                                 |
| Artemisia princeps                                                                                                  | Yomogi                                                                                                       | Artemisia, del Japón                                                                                               |
| Arthrostemma ciliatum                                                                                               | Pinkfringe                                                                                                   | Caña agria                                                                                                         |
| Asparagus racemosus                                                                                                 | Shatavari                                                                                                    | Shatavari                                                                                                          |
| Astragalus mongholicus (50 fundamental Chinese Herbs)                                                               | Mongolian milkvetch                                                                                          | Astragalus                                                                                                         |
| Azadirachta indica                                                                                                  | Neem                                                                                                         | Neem                                                                                                               |
| Bacopa monnieri                                                                                                     | Brahmi                                                                                                       | Brahmi                                                                                                             |
| Betonica officinalis                                                                                                | Betony                                                                                                       | Betonica                                                                                                           |
| Buddleja americana                                                                                                  | Sage, Wild                                                                                                   | Salvia virgen                                                                                                      |
| Bursera simaruba                                                                                                    | Gumbo-limbo / Copperwood                                                                                     | Palo mulato                                                                                                        |
| Caesalpinia pulcherrima                                                                                             | Peacock flower                                                                                               | Flor de San Juan                                                                                                   |
| Calendula officinalis                                                                                               | Marigold                                                                                                     | Caléndula                                                                                                          |
| Camellia sinensis (50 fundamental Chinese Herbs)                                                                    | Tea plant                                                                                                    | Planta de té                                                                                                       |
| Centella asiatica                                                                                                   | Gotu kola                                                                                                    | Gotu kola                                                                                                          |
| Chaptalia nutans                                                                                                    | Arnica, Costa Rican                                                                                          | Arnica, Costa Rican                                                                                                |
| Cinchona pubescens                                                                                                  | Red cinchona                                                                                                 | Quina Roja                                                                                                         |
| Cinnamomum verum                                                                                                    | Cinnamon                                                                                                     | Canela                                                                                                             |
| Citrus aurantium var. brazilian sour orange                                                                         | Orange, Brazilian sour                                                                                       | Naranjo Agrio                                                                                                      |
| Clinopodium vimineum                                                                                                | Mint, Bush                                                                                                   | Menta, de palo                                                                                                     |
| Cnidium monnieri                                                                                                    | Monnier's snowparsley                                                                                        | Perejil, de nieve                                                                                                  |
| Coix lacryma-jobi                                                                                                   | Job's tears                                                                                                  | Lágrimas de Job                                                                                                    |
| Croton draco                                                                                                        | Dragon's blood                                                                                               | Tárgua / Sangre de drago                                                                                           |
| Curcuma longa                                                                                                       | Tumeric                                                                                                      | Cúrcuma                                                                                                            |
| Cymbopogon citratus                                                                                                 | Lemon Grass                                                                                                  | Zacate de limón                                                                                                    |
| Cymbopogon flexuosus                                                                                                | Lemon grass, East-Indian                                                                                     | Zacate de limón de la India                                                                                        |
| Dianthera secunda                                                                                                   | Beautiful blood                                                                                              | Insulina                                                                                                           |
| Dysphania ambrosioides                                                                                              | Epazote                                                                                                      | Apazote                                                                                                            |
| Echinacea purpurea                                                                                                  | Echinacea                                                                                                    | Equinácea                                                                                                          |
| Ephedra sinica (50 fundamental Chinese Herbs)                                                                       | Ephedra, Chinese                                                                                             | Efedra, de China                                                                                                   |
| Equisetum hyemale                                                                                                   | Horsetail                                                                                                    | Cola, de caballo                                                                                                   |
| Erythroxylum coca                                                                                                   | Coca                                                                                                         | Coca                                                                                                               |
| Euphorbia lancifolia                                                                                                | Milk herb / Ixbut                                                                                            | Hierba lechera                                                                                                     |
| Galphimia glauca                                                                                                    | Shower of gold                                                                                               | Gotas de oro                                                                                                       |
| Hamelia patens                                                                                                      | Firebush                                                                                                     | Pico de pájaro                                                                                                     |
| Handroanthus impetiginosus                                                                                          | Pink trumpet tree / Pink lapacho                                                                             | Roble sabana, Rosado                                                                                               |
| Hibiscus acetosella                                                                                                 | Hibiscus, Cranberry                                                                                          | Hibisco, Rojo                                                                                                      |
| Hypericum calycinum                                                                                                 | Great St-John's wort                                                                                         | Gran hierba de San Juan                                                                                            |

|                                                     |                            |                                |
|-----------------------------------------------------|----------------------------|--------------------------------|
| <i>Hypericum perforatum</i>                         | Saint John's wort          | Hierba de San Juan             |
| <i>Jatropha gossypifolia</i>                        | Bellyache bush             | Frailecillo, de Cuba           |
| <i>Justicia pectoralis</i> Jacq.                    | Freshcut                   | Tilo                           |
| <i>Justicia spicigera</i>                           | Mexican honeysuckle        | Muicle / Trompetilla           |
| <i>Justicia tinctoriella</i>                        | Blue bush                  | Azul de mata                   |
| <i>Kalanchoe laetivirens</i>                        | Mother of thousands        | Kalanchoe / Madre de miles     |
| <i>Kalanchoe pinnata</i>                            | Air plant                  | Hoja de aire                   |
| <i>Lavandula angustifolia</i>                       | Lavender, English          | Lavanda                        |
| <i>Lavandula dentata</i>                            | Lavendar, French           | Lavanda dentada                |
| <i>Lavandula dentata</i> var. <i>candicans</i>      | Lavender, Mexican          | Lavanda mexicana               |
| <i>Leonotis leonurus</i>                            | Lion's tail                | Cola de leon                   |
| <i>Leonurus cardiaca</i>                            | Motherwort                 | Agripalma                      |
| <i>Lippia alba</i>                                  | Bushy matgrass / Lippia    | Juanilama                      |
| <i>Lippia alba</i> var. <i>citriodora</i>           | Juanilama, Lemon           | Juanilama de limón             |
| <i>Lippia dulcis</i>                                | Herb, Aztec sweet          | Hierba dulce Azteca            |
| <i>Lippia micromera</i>                             | Thyme, Spanish             | Oreganito                      |
| <i>Lippia origanoides</i>                           | Oregano, Mexican           | Orégano mexicano               |
| <i>Malachra alceifolia</i>                          | Leafbract, Yellow          | Malva                          |
| <i>Melaleuca alternifolia</i>                       | Tea tree                   | Árbol del té                   |
| <i>Melissa officinalis</i>                          | Lemon balm                 | Melissa / Toronjil             |
| <i>Melissa officinalis</i>                          | Lemon balm                 | Toronjil                       |
| <i>Mentha canadensis</i>                            | Mint, Japanese             | Menta japonesa                 |
| <i>Mentha longifolia</i>                            | Mint, Horse                | Menta silvestre                |
| <i>Mentha pulegium</i>                              | Pennyroyal                 | Menta de poleo                 |
| <i>Mentha spicata</i>                               | Mint, Spearmint            | Menta Hierbabuena              |
| <i>Mentha x piperita</i>                            | Mint, Peppermint           | Menta piperita                 |
| <i>Mitragyna speciosa</i>                           | Kratom                     | Kratom, verde                  |
| <i>Momordica charantia</i>                          | Bitter melon               | Sorosi                         |
| <i>Morinda citrifolia</i>                           | Noni                       | Noni                           |
| <i>Moringa oleifera</i>                             | Moringa                    | Moringa                        |
| <i>Murraya paniculata</i>                           | Orange jasmine             | Limoncillo jazmín              |
| <i>Nepeta cataria</i>                               | Catnip                     | Hierba de gato                 |
| <i>Neurolaena lobata</i>                            | Jackass bitter             | Gavilana                       |
| <i>Ocimum kilimandscharicum</i>                     | Basil, Camphor             | Albahaca de Alcanfor           |
| <i>Ocimum tenuiflorum</i> var. <i>Shyama tulusi</i> | Basil, Holy Shyama tulusi  | Albahaca sagrada Shyama tulusi |
| <i>Ocimum tenuiflorum</i> var. <i>Amrita tulusi</i> | Basil, Holy Amrita tulusi  | Albahaca sagrada Amrita tulusi |
| <i>Origanum vulgare</i>                             | Oregano                    | Orégano                        |
| <i>Origanum vulgare</i> subsp. <i>hirtum</i>        | Oregano, Greek             | Orégano griego                 |
| <i>Petiveria alliacea</i>                           | Anamu                      | Zorrillo                       |
| <i>Piper auritum</i>                                | Root beer plant            | Anisillo                       |
| <i>Piper nigrum</i>                                 | Black pepper               | Pimienta negra                 |
| <i>Pisonia aculeata</i>                             | Devil's claws              | Crucecillo / Cruceta espinuda  |
| <i>Plantago lanceolata</i>                          | Narrowleaf plantain        | Llantén menor                  |
| <i>Plantago major</i>                               | Broadleaf plantain         | Llantén mayor                  |
| <i>Plectranthus barbatus</i>                        | Indian coleus              | Coleus indio                   |
| <i>Pluchea carolinensis</i>                         | Cure for all               | Salvia cimarrona               |
| <i>Prunella vulgaris</i>                            | Self-heal                  | Consuelda, menor               |
| <i>Psidium guajava</i>                              | Guava, Common              | Guayaba                        |
| <i>Quassia amara</i>                                | Bitter- wood               | Hombre grande                  |
| <i>Reynoutria multiflora</i>                        | Fo-ti/He-shou-wu           | Fo-ti/He-shou-wu               |
| <i>Rosmarinus officinalis</i>                       | Rosemary                   | Romero                         |
| <i>Rumex acetosa</i>                                | Sorrel, French             | Acedera                        |
| <i>Ruta graveolens</i>                              | Rue                        | Ruda                           |
| <i>Salvia officinalis</i>                           | Sage                       | Salvia                         |
| <i>Sambucus canadensis</i>                          | Elderberry, American black | Saúco del Canada               |
| <i>Sambucus nigra</i>                               | Elderberry                 | Sauco                          |
| <i>Senna reticulata</i>                             | Saragundí                  | Saragundí                      |
| <i>Solanum mammosum</i>                             | Nipplefruit                | Pichichío                      |
| <i>Souroubea gilgii</i>                             | No fear                    | Sin susto                      |
| <i>Stachytarpheta cayennensis</i>                   | Snakeweed, Blue            | Cola de alacran, Morado        |
| <i>Stevia rebaudiana</i>                            | Stevia                     | Stevia                         |

|                               |                   |                              |
|-------------------------------|-------------------|------------------------------|
| <i>Symphytum officinale</i>   | Comfrey           | Consuelda, mayor             |
| <i>Tagetes lucida</i>         | Tarragon, Mexican | Estragón Mexicano            |
| <i>Tanacetum parthenium</i>   | Feverfew          | Altamisa                     |
| <i>Taraxacum officinale</i>   | Dandelion         | Diente de leon               |
| <i>Tetradenia riparia</i>     | Incense           | Incienso                     |
| <i>Thymus serpyllum</i>       | Thyme, Creeping   | Serpol / Tomillo San juanero |
| <i>Triumfetta semitriloba</i> | Burweed           | Mozote                       |
| <i>Urtica dioica</i>          | Stinging nettle   | Ortiga                       |
| <i>Valeriana officinalis</i>  | Valerian          | Valeriana                    |
| <i>Verbascum thapsus</i>      | Mullein           | Gordolobo                    |
| <i>Verbena litoralis</i>      | Vervain, Seashore | Verbena cimarrona            |
| <i>Visnaga daucooides</i>     | Khella            | Viznaga                      |
| <i>Withania somnifera</i>     | Ashwagandha       | Ashwagandha                  |
| <i>Zingiber officinale</i>    | Ginger            | Jengibre                     |

|  Spanish Name/Nombre en español |  Scientific Name/Nombre científico |  English Name/Nombre inglés |
|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| Acedera                                                                                                          | Rumex acetosa                                                                                                       | Sorrel, French                                                                                                 |
| Agripalma                                                                                                        | Leonurus cardiaca                                                                                                   | Motherwort                                                                                                     |
| Ajenjo / Estafiate                                                                                               | Artemisia ludoviciana                                                                                               | Mugwort, Western                                                                                               |
| Ajenjo cangrejo                                                                                                  | Artemisia absinthium                                                                                                | Wormwood                                                                                                       |
| Ajenjo, de argyi                                                                                                 | Artemisia argyi                                                                                                     | Mugwort, Chinese                                                                                               |
| Albahaca de Alcanfor                                                                                             | Ocimum kilimandscharicum                                                                                            | Basil, Camphor                                                                                                 |
| Albahaca sagrada Amrita tulsi                                                                                    | Ocimum tenuiflorum var. Amrita tulsi                                                                                | Basil, Holy Amrita tulsi                                                                                       |
| Albahaca sagrada Shyama tulsi                                                                                    | Ocimum tenuiflorum var. Shyama tulsi                                                                                | Basil, Holy Shyama tulsi                                                                                       |
| Aloe , Candelabro                                                                                                | Aloe arborescens                                                                                                    | Aloe, Candelabra/Torch                                                                                         |
| Aloe de Montaña                                                                                                  | Aloe spectabilis                                                                                                    | Aloe, Natal                                                                                                    |
| Aloe del Cabo                                                                                                    | Aloe maculata                                                                                                       | Aloe, Zebra                                                                                                    |
| Aloe espiral                                                                                                     | Aloe polyphylla                                                                                                     | Aloe, Spiral                                                                                                   |
| Aloe vera                                                                                                        | Aloe vera                                                                                                           | Aloe vera                                                                                                      |
| Altamisa                                                                                                         | Tanacetum parthenium                                                                                                | Feverfew                                                                                                       |
| Angélica                                                                                                         | Angelica archangelica                                                                                               | Angelica, Garden                                                                                               |
| Anisillo                                                                                                         | Piper auritum                                                                                                       | Root beer plant                                                                                                |
| Apazote                                                                                                          | Dysphania ambrosioides                                                                                              | Epazote                                                                                                        |
| Árbol de aloe                                                                                                    | Aloidendron barberae                                                                                                | Aloe tree                                                                                                      |
| Árbol del té                                                                                                     | Melaleuca alternifolia                                                                                              | Tea tree                                                                                                       |
| Arnica, Costa Rican                                                                                              | Chaptalia nutans                                                                                                    | Arnica, Costa Rican                                                                                            |
| Artemisia, del Japón                                                                                             | Artemisia princeps                                                                                                  | Yomogi                                                                                                         |
| Ashwagandha                                                                                                      | Withania somnifera                                                                                                  | Ashwagandha                                                                                                    |
| Astragalus                                                                                                       | Astragalus mongholicus (50 fundamental Chinese Herbs)                                                               | Mongolian milkvetch                                                                                            |
| Azul de mata                                                                                                     | Justicia tinctoriella                                                                                               | Blue bush                                                                                                      |
| Betonica                                                                                                         | Betonica officinalis                                                                                                | Betony                                                                                                         |
| Brahmi                                                                                                           | Bacopa monnieri                                                                                                     | Brahmi                                                                                                         |
| Burrito/Eter                                                                                                     | Aloysia polystachya                                                                                                 | Mint, Burro                                                                                                    |
| Caléndula                                                                                                        | Calendula officinalis                                                                                               | Marigold                                                                                                       |
| Canela                                                                                                           | Cinnamomum verum                                                                                                    | Cinnamon                                                                                                       |
| Caña agria                                                                                                       | Arthrostemma ciliatum                                                                                               | Pinkfringe                                                                                                     |
| Coca                                                                                                             | Erythroxylum coca                                                                                                   | Coca                                                                                                           |
| Cola de alacran, Morado                                                                                          | Stachytarpheta cayennensis                                                                                          | Snakeweed, Blue                                                                                                |
| Cola de leon                                                                                                     | Leonotis leonurus                                                                                                   | Lion's tail                                                                                                    |
| Cola, de caballo                                                                                                 | Equisetum hyemale                                                                                                   | Horsetail                                                                                                      |
| Coleus indio                                                                                                     | Plectranthus barbatus                                                                                               | Indian coleus                                                                                                  |
| Consuelda, mayor                                                                                                 | Symphytum officinale                                                                                                | Comfrey                                                                                                        |
| Consuelda, menor                                                                                                 | Prunella vulgaris                                                                                                   | Self-heal                                                                                                      |
| Crucecillo / Cruceta espinuda                                                                                    | Pisonia aculeata                                                                                                    | Devil's claws                                                                                                  |
| Cuachalalate                                                                                                     | Amphipterygium adstringens (Critically Endangered)                                                                  | Coachalalate                                                                                                   |
| Cúrcuma                                                                                                          | Curcuma longa                                                                                                       | Tumeric                                                                                                        |
| Diente de leon                                                                                                   | Taraxacum officinale                                                                                                | Dandelion                                                                                                      |
| Efedra, de China                                                                                                 | Ephedra sinica (50 fundamental Chinese Herbs)                                                                       | Ephedra, Chinese                                                                                               |
| Equinácea                                                                                                        | Echinacea purpurea                                                                                                  | Echinacea                                                                                                      |
| Estragón Mexicano                                                                                                | Tagetes lucida                                                                                                      | Tarragon, Mexican                                                                                              |
| Flor de San Juan                                                                                                 | Caesalpinia pulcherrima                                                                                             | Peacock flower                                                                                                 |
| Fo-ti/He-shou-wu                                                                                                 | Reynoutria multiflora                                                                                               | Fo-ti/He-shou-wu                                                                                               |
| Frailecillo, de Cuba                                                                                             | Jatropha gossypifolia                                                                                               | Bellyache bush                                                                                                 |
| Galangal                                                                                                         | Alpinia galanga                                                                                                     | Ginger, Thai                                                                                                   |
| Gavilana                                                                                                         | Neurolaena lobata                                                                                                   | Jackass bitter                                                                                                 |
| Gordolobo                                                                                                        | Verbascum thapsus                                                                                                   | Mullein                                                                                                        |
| Gotas amargas                                                                                                    | Ambrosia psilostachya                                                                                               | Cuman ragweed                                                                                                  |
| Gotas de oro                                                                                                     | Galphimia glauca                                                                                                    | Shower of gold                                                                                                 |
| Gotu kola                                                                                                        | Centella asiatica                                                                                                   | Gotu kola                                                                                                      |
| Gran hierba de San Juan                                                                                          | Hypericum calycinum                                                                                                 | Great St-John's wort                                                                                           |
| Guayaba                                                                                                          | Psidium guajava                                                                                                     | Guava, Common                                                                                                  |
| Hibisco, Rojo                                                                                                    | Hibiscus acetosella                                                                                                 | Hibiscus, Cranberry                                                                                            |
| Hierba de gato                                                                                                   | Nepeta cataria                                                                                                      | Catnip                                                                                                         |
| Hierba de San Juan                                                                                               | Hypericum perforatum                                                                                                | Saint John's wort                                                                                              |
| Hierba dulce Azteca                                                                                              | Lippia dulcis                                                                                                       | Herb, Aztec sweet                                                                                              |
| Hierba lechera                                                                                                   | Euphorbia lancifolia                                                                                                | Milk herb / Ixbut                                                                                              |

|                              |                                                  |                                  |
|------------------------------|--------------------------------------------------|----------------------------------|
| Hoja de aire                 | Kalanchoe pinnata                                | Air plant                        |
| Hombre grande                | Quassia amara                                    | Bitter- wood                     |
| Incienso                     | Tetradenia riparia                               | Incense                          |
| Insulina                     | Dianthera secunda                                | Beautiful blood                  |
| Jambu                        | Acmella oleracea                                 | Toothache plant                  |
| Jengibre                     | Zingiber officinale                              | Ginger                           |
| Juanilama                    | Lippia alba                                      | Bushy matgrass / Lippia          |
| Juanilama de limón           | Lippia alba var. citriodora                      | Juanilama, Lemon                 |
| Kalanchoe / Madre de miles   | Kalanchoe laetivirens                            | Mother of thousands              |
| Kratom, verde                | Mitragyna speciosa                               | Kratom                           |
| Lágrimas de Job              | Coix lacryma-jobi                                | Job's tears                      |
| Lampazo                      | Arctium lappa                                    | Burdock                          |
| Lavanda                      | Lavandula angustifolia                           | Lavender, English                |
| Lavanda dentada              | Lavandula dentada                                | Lavendar, French                 |
| Lavanda mexicana             | Lavandula dentata var. candicans                 | Lavender, Mexican                |
| Limoncillo jazmín            | Murraya paniculata                               | Orange jasmine                   |
| Llantén mayor                | Plantago major                                   | Broadleaf plantain               |
| Llantén menor                | Plantago lanceolata                              | Narrowleaf plantain              |
| Malva                        | Malachra alceifolia                              | Leafbract, Yellow                |
| Malvavisco                   | Althaea officinalis                              | Marshmallow                      |
| Melissa / Toronjil           | Melissa officinalis                              | Lemon balm                       |
| Menta de poleo               | Mentha pulegium                                  | Pennyroyal                       |
| Menta Hierbabuena            | Mentha spicata                                   | Mint, Spearmint                  |
| Menta japonesa               | Mentha canadensis                                | Mint, Japanese                   |
| Menta piperita               | Mentha x piperita                                | Mint, Peppermint                 |
| Menta silvestre              | Mentha longifolia                                | Mint, Horse                      |
| Menta, Coreana / Anís        | Agastache rugosa                                 | Mint, Korean                     |
| Menta, de palo               | Clinopodium vimineum                             | Mint, Bush                       |
| Milenrama                    | Achillea millefolium                             | Yarrow                           |
| Moringa                      | Moringa oleifera                                 | Moringa                          |
| Mozote                       | Triumfetta semitriloba                           | Burweed                          |
| Muicle / Trompetilla         | Justicia spicigera                               | Mexican honeysuckle              |
| Naranja Agrio                | Citrus aurantium var. brazilian sour orange      | Orange, Brazilian sour           |
| Neem                         | Azadirachta indica                               | Neem                             |
| Noni                         | Morinda citrifolia                               | Noni                             |
| Oreganito                    | Lippia micromera                                 | Thyme, Spanish                   |
| Orégano                      | Origanum vulgare                                 | Oregano                          |
| Orégano griego               | Origanum vulgare subsp. hirtum                   | Oregano, Greek                   |
| Orégano mexicano             | Lippia origanoides                               | Oregano, Mexican                 |
| Ortiga                       | Urtica dioica                                    | Stinging nettle                  |
| Palmera de nuez Betel        | Areca catechu                                    | Palm, Betel nut                  |
| Palo mulato                  | Bursera simaruba                                 | Gumbo-limbo / Copperwood         |
| Perejil, de nieve            | Cnidium monnieri                                 | Monnier's snowparsley            |
| Pichichío                    | Solanum mammosum                                 | Nipplefruit                      |
| Pico de pájaro               | Hamelia patens                                   | Firebush                         |
| Pimienta negra               | Piper nigrum                                     | Black pepper                     |
| Planta de té                 | Camellia sinensis (50 fundamental Chinese Herbs) | Tea plant                        |
| Quina Roja                   | Cinchona pubescens                               | Red cinchona                     |
| Rey de los amargos           | Andrographis paniculata                          | King of bitters                  |
| Roble sabana, Rosado         | Handroanthus impetiginosus                       | Pink trumpet tree / Pink lapacho |
| Romero                       | Rosmarinus officinalis                           | Rosemary                         |
| Ruda                         | Ruta graveolens                                  | Rue                              |
| Salvia                       | Salvia officinalis                               | Sage                             |
| Salvia cimarrona             | Pluchea carolinensis                             | Cure for all                     |
| Salvia virgen                | Buddleja americana                               | Sage, Wild                       |
| Saragundí                    | Senna reticulata                                 | Saragundí                        |
| Sauco                        | Sambucus nigra                                   | Elderberry                       |
| Saúco del Canada             | Sambucus canadensis                              | Elderberry, American black       |
| Serpol / Tomillo San juanero | Thymus serpyllum                                 | Thyme, Creeping                  |
| Shatavari                    | Asparagus racemosus                              | Shatavari                        |
| Sin susto                    | Souroubea gilgii                                 | No fear                          |

|                             |                           |                          |
|-----------------------------|---------------------------|--------------------------|
| Sorosi                      | Momordica charantia       | Bitter melon             |
| Stevia                      | Stevia rebaudiana         | Stevia                   |
| Suelda con suelda           | Anredera ramosa           | Suelda con suelda        |
| Tárgua / Sangre de drago    | Croton draco              | Dragon's blood           |
| Tilo                        | Justicia pectoralis Jacq. | Freshcut                 |
| Toronjil                    | Melissa officinalis       | Lemon balm               |
| Valeriana                   | Valeriana officinalis     | Valerian                 |
| Verbena cimarrona           | Verbena litoralis         | Vervain, Seashore        |
| Viznaga                     | Visnaga daucoides         | Khella                   |
| Zacate de limón             | Cymbopogon citratus       | Lemon Grass              |
| Zacate de limón de la India | Cymbopogon flexuosus      | Lemon grass, East-Indian |
| Zorrillo                    | Petiveria alliacea        | Anamu                    |

|  English Name/Nombre inglés |  Spanish Name/Nombre en español |  Scientific Name/Nombre científico |
|--------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| Air plant                                                                                                    | Hoja de aire                                                                                                     | Kalanchoe pinnata                                                                                                     |
| Aloe tree                                                                                                    | Árbol de aloe                                                                                                    | Aloidendron barberae                                                                                                  |
| Aloe vera                                                                                                    | Aloe vera                                                                                                        | Aloe vera                                                                                                             |
| Aloe, Candelabra/Torch                                                                                       | Aloe , Candelabro                                                                                                | Aloe arborescens                                                                                                      |
| Aloe, Natal                                                                                                  | Aloe de Montaña                                                                                                  | Aloe spectabilis                                                                                                      |
| Aloe, Spiral                                                                                                 | Aloe espiral                                                                                                     | Aloe polyphylla                                                                                                       |
| Aloe, Zebra                                                                                                  | Aloe del Cabo                                                                                                    | Aloe maculata                                                                                                         |
| Anamu                                                                                                        | Zorrillo                                                                                                         | Petiveria alliacea                                                                                                    |
| Angelica, Garden                                                                                             | Angélica                                                                                                         | Angelica archangelica                                                                                                 |
| Arnica, Costa Rican                                                                                          | Arnica, Costa Rican                                                                                              | Chaptalia nutans                                                                                                      |
| Ashwagandha                                                                                                  | Ashwagandha                                                                                                      | Withania somnifera                                                                                                    |
| Basil, Camphor                                                                                               | Albahaca de Alcanfor                                                                                             | Ocimum kilimandscharicum                                                                                              |
| Basil, Holy Amrita tulsi                                                                                     | Albahaca sagrada Amrita tulsi                                                                                    | Ocimum tenuiflorum var. Amrita tulsi                                                                                  |
| Basil, Holy Shyama tulsi                                                                                     | Albahaca sagrada Shyama tulsi                                                                                    | Ocimum tenuiflorum var. Shyama tulsi                                                                                  |
| Beautiful blood                                                                                              | Insulina                                                                                                         | Dianthera secunda                                                                                                     |
| Bellyache bush                                                                                               | Frailecillo, de Cuba                                                                                             | Jatropha gossypifolia                                                                                                 |
| Betony                                                                                                       | Betonica                                                                                                         | Betonica officinalis                                                                                                  |
| Bitter melon                                                                                                 | Sorosi                                                                                                           | Momordica charantia                                                                                                   |
| Bitter- wood                                                                                                 | Hombre grande                                                                                                    | Quassia amara                                                                                                         |
| Black pepper                                                                                                 | Pimienta negra                                                                                                   | Piper nigrum                                                                                                          |
| Blue bush                                                                                                    | Azul de mata                                                                                                     | Justicia tinctoriella                                                                                                 |
| Brahmi                                                                                                       | Brahmi                                                                                                           | Bacopa monnieri                                                                                                       |
| Broadleaf plantain                                                                                           | Llantén mayor                                                                                                    | Plantago major                                                                                                        |
| Burdock                                                                                                      | Lampazo                                                                                                          | Arctium lappa                                                                                                         |
| Burweed                                                                                                      | Mozote                                                                                                           | Triumfetta semitriloba                                                                                                |
| Bushy matgrass / Lippia                                                                                      | Juanilama                                                                                                        | Lippia alba                                                                                                           |
| Catnip                                                                                                       | Hierba de gato                                                                                                   | Nepeta cataria                                                                                                        |
| Cinnamon                                                                                                     | Canela                                                                                                           | Cinnamomum verum                                                                                                      |
| Coachalalate                                                                                                 | Cuachalalate                                                                                                     | Amphipterygium adstringens (Critically Endangered)                                                                    |
| Coca                                                                                                         | Coca                                                                                                             | Erythroxylum coca                                                                                                     |
| Comfrey                                                                                                      | Consuelda, mayor                                                                                                 | Symphytum officinale                                                                                                  |
| Cuman ragweed                                                                                                | Gotas amargas                                                                                                    | Ambrosia psilostachya                                                                                                 |
| Cure for all                                                                                                 | Salvia cimarrona                                                                                                 | Pluchea carolinensis                                                                                                  |
| Dandelion                                                                                                    | Diente de leon                                                                                                   | Taraxacum officinale                                                                                                  |
| Devil's claws                                                                                                | Crucecillo / Cruceta espinuda                                                                                    | Pisonia aculeata                                                                                                      |
| Dragon's blood                                                                                               | Tárgua / Sangre de drago                                                                                         | Croton draco                                                                                                          |
| Echinacea                                                                                                    | Equinácea                                                                                                        | Echinacea purpurea                                                                                                    |
| Elderberry                                                                                                   | Sauco                                                                                                            | Sambucus nigra                                                                                                        |
| Elderberry, American black                                                                                   | Saúco del Canada                                                                                                 | Sambucus canadensis                                                                                                   |
| Epazote                                                                                                      | Apazote                                                                                                          | Dysphania ambrosioides                                                                                                |
| Ephedra, Chinese                                                                                             | Efedra, de China                                                                                                 | Ephedra sinica (50 fundamental Chinese Herbs)                                                                         |
| Feverfew                                                                                                     | Altamisa                                                                                                         | Tanacetum parthenium                                                                                                  |
| Firebush                                                                                                     | Pico de pájaro                                                                                                   | Hamelia patens                                                                                                        |
| Fo-ti/He-shou-wu                                                                                             | Fo-ti/He-shou-wu                                                                                                 | Reynoutria multiflora                                                                                                 |
| Freshcut                                                                                                     | Tilo                                                                                                             | Justicia pectoralis Jacq.                                                                                             |
| Ginger                                                                                                       | Jengibre                                                                                                         | Zingiber officinale                                                                                                   |
| Ginger, Thai                                                                                                 | Galangal                                                                                                         | Alpinia galanga                                                                                                       |
| Gotu kola                                                                                                    | Gotu kola                                                                                                        | Centella asiatica                                                                                                     |
| Great St-John's wort                                                                                         | Gran hierba de San Juan                                                                                          | Hypericum calycinum                                                                                                   |
| Guava, Common                                                                                                | Guayaba                                                                                                          | Psidium guajava                                                                                                       |
| Gumbo-limbo / Copperwood                                                                                     | Palo mulato                                                                                                      | Bursera simaruba                                                                                                      |
| Herb, Aztec sweet                                                                                            | Hierba dulce Azteca                                                                                              | Lippia dulcis                                                                                                         |
| Hibiscus, Cranberry                                                                                          | Hibisco, Rojo                                                                                                    | Hibiscus acetosella                                                                                                   |
| Horsetail                                                                                                    | Cola, de caballo                                                                                                 | Equisetum hyemale                                                                                                     |
| Incense                                                                                                      | Incienso                                                                                                         | Tetradenia riparia                                                                                                    |
| Indian coleus                                                                                                | Coleus indio                                                                                                     | Plectranthus barbatus                                                                                                 |
| Jackass bitter                                                                                               | Gavilana                                                                                                         | Neurolaena lobata                                                                                                     |
| Job's tears                                                                                                  | Lágrimas de Job                                                                                                  | Coix lacryma-jobi                                                                                                     |

|                                  |                             |                                                       |
|----------------------------------|-----------------------------|-------------------------------------------------------|
| Juanilama, Lemon                 | Juanilama de limón          | Lippia alba var. citriodora                           |
| Khella                           | Viznaga                     | Visnaga daucoides                                     |
| King of bitters                  | Rey de los amargos          | Andrographis paniculata                               |
| Kratom                           | Kratom, verde               | Mitragyna speciosa                                    |
| Lavendar, French                 | Lavanda dentada             | Lavandula dentata                                     |
| Lavender, English                | Lavanda                     | Lavandula angustifolia                                |
| Lavender, Mexican                | Lavanda mexicana            | Lavandula dentata var. candicans                      |
| Leafbract, Yellow                | Malva                       | Malachra alceifolia                                   |
| Lemon balm                       | Melissa / Toronjil          | Melissa officinalis                                   |
| Lemon balm                       | Toronjil                    | Melissa officinalis                                   |
| Lemon Grass                      | Zacate de limón             | Cymbopogon citratus                                   |
| Lemon grass, East-Indian         | Zacate de limón de la India | Cymbopogon flexuosus                                  |
| Lion's tail                      | Cola de leon                | Leonotis leonurus                                     |
| Marigold                         | Caléndula                   | Calendula officinalis                                 |
| Marshmallow                      | Malvavisco                  | Althaea officinalis                                   |
| Mexican honeysuckle              | Muicle / Trompetilla        | Justicia spicigera                                    |
| Milk herb / Ixbut                | Hierba lechera              | Euphorbia lancifolia                                  |
| Mint, Burro                      | Burrito/Eter                | Aloysia polystachya                                   |
| Mint, Bush                       | Menta, de palo              | Clinopodium vimineum                                  |
| Mint, Horse                      | Menta silvestre             | Mentha longifolia                                     |
| Mint, Japanese                   | Menta japonesa              | Mentha canadensis                                     |
| Mint, Korean                     | Menta, Coreana / Anis       | Agastache rugosa                                      |
| Mint, Peppermint                 | Menta piperita              | Mentha x piperita                                     |
| Mint, Spearmint                  | Menta Hierbabuena           | Mentha spicata                                        |
| Mongolian milkvetch              | Astragalus                  | Astragalus mongholicus (50 fundamental Chinese Herbs) |
| Monnier's snowparsley            | Perejil, de nieve           | Cnidium monnieri                                      |
| Moringa                          | Moringa                     | Moringa oleifera                                      |
| Mother of thousands              | Kalanchoe / Madre de miles  | Kalanchoe laetivirens                                 |
| Motherwort                       | Agripalma                   | Leonurus cardiaca                                     |
| Mugwort, Chinese                 | Ajenjo, de argyi            | Artemisia argyi                                       |
| Mugwort, Western                 | Ajenjo / Estafiate          | Artemisia ludoviciana                                 |
| Mullein                          | Gordolobo                   | Verbascum thapsus                                     |
| Narrowleaf plantain              | Llantén menor               | Plantago lanceolata                                   |
| Neem                             | Neem                        | Azadirachta indica                                    |
| Nipplefruit                      | Pichichío                   | Solanum mammosum                                      |
| No fear                          | Sin susto                   | Souroubea gilgii                                      |
| Noni                             | Noni                        | Morinda citrifolia                                    |
| Orange jasmine                   | Limoncillo jazmín           | Murraya paniculata                                    |
| Orange, Brazilian sour           | Naranjo Agrio               | Citrus aurantium var. brazilian sour orange           |
| Oregano                          | Orégano                     | Origanum vulgare                                      |
| Oregano, Greek                   | Orégano griego              | Origanum vulgare subsp. hirtum                        |
| Oregano, Mexican                 | Orégano mexicano            | Lippia origanoides                                    |
| Palm, Betel nut                  | Palmera de nuez Betel       | Areca catechu                                         |
| Peacock flower                   | Flor de San Juan            | Caesalpinia pulcherrima                               |
| Pennyroyal                       | Menta de poleo              | Mentha pulegium                                       |
| Pink trumpet tree / Pink lapacho | Roble sabana, Rosado        | Handroanthus impetiginosus                            |
| Pinkfringe                       | Caña agria                  | Arthrostemma ciliatum                                 |
| Red cinchona                     | Quina Roja                  | Cinchona pubescens                                    |
| Root beer plant                  | Anisillo                    | Piper auritum                                         |
| Rosemary                         | Romero                      | Rosmarinus officinalis                                |
| Rue                              | Ruda                        | Ruta graveolens                                       |
| Sage                             | Salvia                      | Salvia officinalis                                    |
| Sage, Wild                       | Salvia virgen               | Buddleja americana                                    |
| Saint John's wort                | Hierba de San Juan          | Hypericum perforatum                                  |
| Saragundí                        | Saragundí                   | Senna reticulata                                      |
| Self-heal                        | Consuelda, menor            | Prunella vulgaris                                     |
| Shatavari                        | Shatavari                   | Asparagus racemosus                                   |
| Shower of gold                   | Gotas de oro                | Galphimia glauca                                      |
| Snakeweed, Blue                  | Cola de alacran, Morado     | Stachytarpheta cayennensis                            |



|                   |                              |                                                  |
|-------------------|------------------------------|--------------------------------------------------|
| Sorrel, French    | Acedera                      | Rumex acetosa                                    |
| Stevia            | Stevia                       | Stevia rebaudiana                                |
| Stinging nettle   | Ortiga                       | Urtica dioica                                    |
| Suelda con suelda | Suelda con suelda            | Anredera ramosa                                  |
| Tarragon, Mexican | Estragón Mexicano            | Tagetes lucida                                   |
| Tea plant         | Planta de té                 | Camellia sinensis (50 fundamental Chinese Herbs) |
| Tea tree          | Árbol del té                 | Melaleuca alternifolia                           |
| Thyme, Creeping   | Serpol / Tomillo San juanero | Thymus serpyllum                                 |
| Thyme, Spanish    | Oreganito                    | Lippia micromera                                 |
| Toothache plant   | Jambu                        | Acmella oleracea                                 |
| Tumeric           | Cúrcuma                      | Curcuma longa                                    |
| Valerian          | Valeriana                    | Valeriana officinalis                            |
| Vervain, Seashore | Verbena cimarrona            | Verbena litoralis                                |
| Wormwood          | Ajenjo cangrejo              | Artemisia absinthium                             |
| Yarrow            | Milenrama                    | Achillea millefolium                             |
| Yomogi            | Artemisia, del Japón         | Artemisia princeps                               |